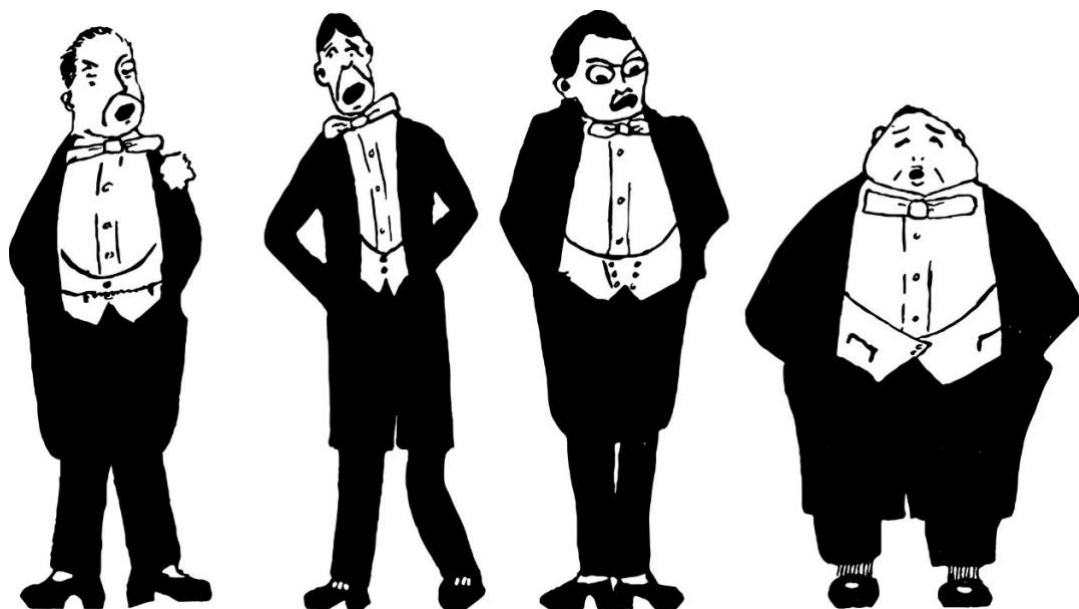


St Dominick

PARISH NEWS

No 243 JULY-AUGUST

2026



Tamar Valley Male Voice Choir in Concert

Saturday 15th August - 7.30pm - St. Dominick Parish Hall

Come and be entertained by a great evening of male voice choir singing. This local choir is led by a gifted musical director - Sarah Gard, and accompanied by the talented Joshua Hughes. The choir's wide repertoire includes traditional male voice songs, spirituals, folk songs, and songs from musical shows and the pop scene. Tea and coffee will be available in the interval.

Tickets £7.50 available online at www.tamarvalleymvc.com or on the night at the door, by card or cash.



Saltash Red Bus



We are still able to arrange a service on Thursdays from St Dominick but **we need eight passengers to make the trip cost effective** and the regular supermarket trips are not achieving these numbers. Therefore, **we are increasing the interval between visits and missing one trip a month.**

The timetable for the next three months is shown below, subject to sufficient passenger numbers. Our regular passengers are very loyal but we need a few more each month to ensure the future of this service. No pre-booking is needed, just be at the bus stop on time. Many thanks.

Thursdays, 10am Church / 10.05am School

Date	Destination	Fare
2 nd July	Sainsburys Marsh Mills (2 hours)	£6
9 th July	Waitrose/Saltash/Tamar View Garden Centre (90 mins)	£4
16 th July	Plymouth Drakes Circus/The Box (2 hours)	£6
23 rd July	Looe (2 hours)	£6
30 th July	<i>No service</i>	-
6 th Aug	Waitrose/Saltash/Tamar View Garden Centre (90 mins)	£4
13 th Aug	Tavistock (2 hours)	£6
20 th Aug	Derriford Retail Park M&S Food/The Range/Aldi (90 mins)	£6
27 th Aug	<i>No service</i>	-
3 rd Sep	Waitrose/Saltash/Tamar View Garden Centre (90 mins)	£4
10 th Sep	Plymouth Drakes Circus/The Box (2 hours)	£6
17 th Sep	Sainsburys Marsh Mills (2 hours)	£6
24 th Sep	<i>No service</i>	-

CHURCH HALL FOR HIRE

St Dominick Methodist
Church

Suitable for:

- Committee Meetings,
- Talks and social events (no alcohol)
- Children's groups
- Dance, music, and drama rehearsals

Main hall, kitchen, servery
accessible toilets

Contact Betty Behennah 01579-
350318



SQUIRREL TAILS DOG GROOMING

*Puppies, Elderly, Nervous,
Aggressive dogs catered for*

*All groomed at their pace as
restraint free as possible*

Qualified and fully insured

Based in St Dominick, Cornwall

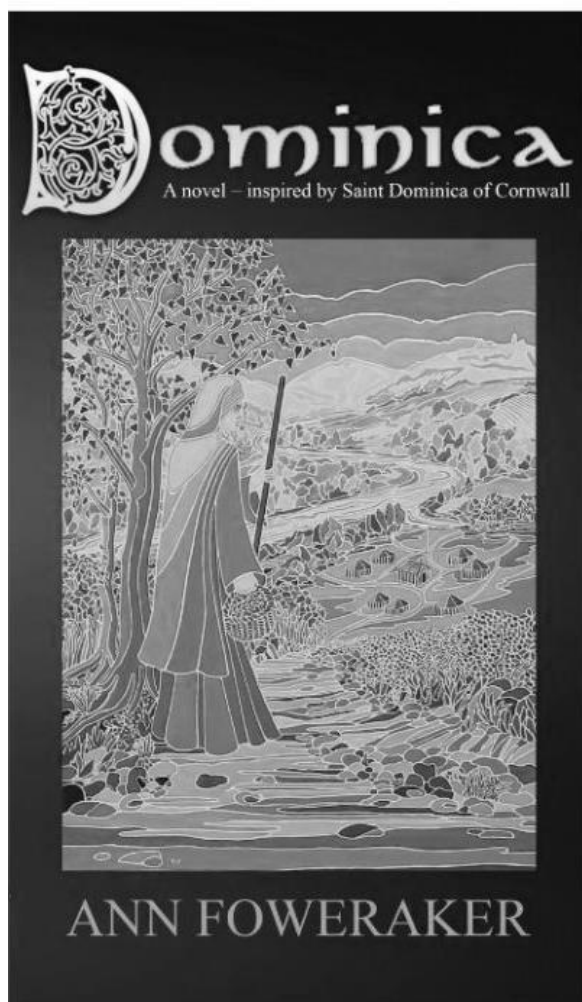
Call/text me on 07972 896329

Or visit me on Facebook

Dominica book launch – thank you

A big thank you to all you lovely people who came to the book launch of *Dominica*: A novel, inspired by Saint Dominica of Cornwall, and those who have bought the book. Almost fifty people attended and both 'book' cakes were eaten! I was delighted to share the evening with so many. It gave *Dominica* a great send off on her *peregrination* into the literary world.

Please help Dominica get seen! Local readers have been stopping me in the street to say how much they enjoyed the book. I encourage everyone who has read it to also leave reviews – it's very difficult for new books to get visibility and reviews really help.



Some hints on leaving reviews:

A little known way to get visibility is to pass the magical number of 50 reviews on **Amazon**. Once beyond this, Amazon begins to recommend it to those looking at similar books. Search for “Dominica by Ann Foweraker”, click on ‘Leave a review’, give it a star rating then write your review. It doesn’t have to be long; it’s best when it’s about how it made you feel, what you liked, how it was to read, lasting impressions etc. Please leave at least one word otherwise the star rating may not count! They also

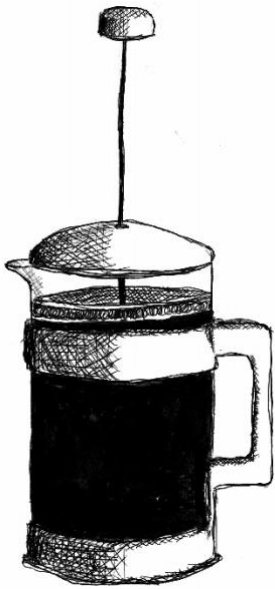
really like a photo of the book (showing that you actually possess it).

Goodreads: This is free to join. Just sign up and search for the book and leave a review as described above.

A note regarding spoilers - From what I hear, it is much better to read the story BEFORE turning to the back and reading the legends.

Dominica A Novel is available from the Community Shop at £14.50 (less than anywhere else and the shop gets commission too!).

THANK YOU! – Ann Foweraker (Murphy)



Coffee Morning: Cornwall Hospice and Cancer Lifeline South West

Wednesday 8th July – 10.30-12.30

2 Tor View, Hunter's Oak, St Dominick PL12 6SS

I invite everyone to come and meet with friends while supporting these two great charities.

A close friend, Conchita, died in the Mt Edgecumbe Hospice recently, after years of battling with neuroendocrine cancer. The hospice helped her die without distress and with total dignity. Their kindness was immense towards her and to her family. I would like to send them a donation in Conchita's memory so that others may have the opportunity to stay there if they are dying.

You may not have heard of Cancer Lifeline. They are a small organisation that provides therapeutic support for people affected by cancer. Donations provide patients and carers access to specialist therapy in a beautiful country house over a long weekend. Conchita and I were able to go and stay at Cadhay Manor in one of these groups a couple of years ago. We were thoroughly spoiled for three days with lovely, freshly cooked meals, luxurious rooms, and experienced therapists running sessions each day. I know the difference the weekend made for us and would like to give Cancer Lifeline a donation which may help someone else to have this special opportunity – again, in memory of Conchita.

We shall have some small craft items for sale and a raffle as well as lots of cake, tea and coffee. I look forward to seeing you.

Christine Kolinsky



Parish Council Report for June 2026

Well, this was one of the quickest meetings I can remember. Councillors Hughes and Fry sent apologies, no show from Councillor Long, and Councillor Clewes was late. So, we started well. One member of the public was present, he has been before but he's not the regular one yet.

Last things first, due to absence there was no update on the M and S bend accidents, nor the book shelves in the bus shelter. Nor the gym equipment, except there was a discussion as to where it would go if it went ahead, which basically went along the lines of 'there is loads of room, except no one quite knows where'. The jogging track has disappeared/overgrown. This shows how successful it's been at being unobtrusive, as was planned when it was laid.

Due to non replies, there were no updates on the Squirrel Cottage bollard, the Halton Quay salt and grit bin, the heavy vehicle sign at the building formerly known as the pub, nor the footpath repair at Dilletts. Actually, nothing on the basket ball hoop either, nor the empty National Trust properties.

Councillors were informed of another new initiative known as the Neighbourhood Statement Plan. Apparently, they could have completed a (slightly different) Neighbourhood Development (ND) Plan in recent years, but didn't. So, they were asked, did they want to have a Neighbourhood Statement Plan instead? Other councils

have spent several thousand pounds on their ND Plans which, since the change of Government and judging by the trouble Calstock parish council have had in Harrowbarrow, now seem to be invalidated. So, I don't know what they decided. The Member of Public commented that if councils had a plan, it should protect policies relating to the development of land. Which was quite correct, yet doesn't seem to be the case.

Neighbourhood Development plans are not all about planning, but that's the bit that keeps getting brought up. By the time you read this, the Parish meeting will have taken place, so we'll see if anyone interested in the Parish turns up at that.

Councillor Wilkins has applied to have two trails in the woods designated as footpaths, but judging by how long other applications are taking, he said he won't be a councillor by the time they are validated. Currently, it seems to take about ten years.

A lorry with workmen had been spotted at Baber, so a certain Councillor was hopeful of some work being done. However, apparently they were kitchen fitters, so that was no good either.

The long awaited ROSPA report has now taken place. Some work needs to be done on a gate. Otherwise, there wasn't much urgently wrong. Unfortunately, just after the report, the roundabout collapsed, so Councillors Fry, Cox, Clews and Wilkins are to repair this. You might see them up there with sanders, welding equipment and a cheque book.

The topic of a toilet at Lovells was brought up again. I think everyone thought one was needed, particularly those councillors who have had to clear up the consequences of not having one from behind the bushes. But, no one has any idea of the answer.

Thoughts welcome. Please take into account positioning, vandalism, locking, unlocking and cleaning daily. This was a fairly long discussion as well but we still finished about 8.30, the quickest meeting on record.

Next Parish Council Meeting: 15th July (no meeting in August), 19:00 in the Parish Hall. All welcome.

The contact details for the Clerk to Parish Council are: Anne-Marie Clark, Clerk to St Dominic Parish Council, 7 Church Street, Landrake, Cornwall PL12 5ER clerk@stdominic-pc.gov.uk. Parish Council website: <https://www.stdominic-pc.org.uk>. If you prefer the official minutes of the meeting, you can view them on the website. The Clerk will be only too pleased to think that someone is actually reading them.

ShakeFitness

Personal Trainer and Fitness Class Provider

For more information on classes
and services offered, visit my
website or give me a call

www.shakefitness.net
07492 887119
Ashton
shakefitness@icloud.com



THIS COULD BE YOUR ADVERT

Promote your local business to
residents through the Parish News.

Only £40 per year
Guaranteed inclusion in 8 of 10 editions

Circulation: 400 copies per month

Contact: ourparishnews@gmail.com



St Dominick Community Shop

A monster heatwave and the return of autumn in the last few weeks has kept the Shop on its toes! We hope you were able to snap up a few bargains from 'the great melt' of our some of our chocolate products. We've put further measures in place to reduce heat in the Shop so it's comfortable for customers & volunteers. Thank you for your forbearance during the last week of May.

Our £1 shelf is proving popular so we will keep that stocked up with every day products at great value.

Congratulations to these lottery winners since our last article: 16th May – Carolyn Wilkins - £27; 23rd May – rollover; 30th May – Kate Carter - £87; 6th June – rollover; 13th June – Mary Scofield - £79

Coming up in July/August:

Cheese of the month – we are keeping our summer cheese choices of feta & halloumi in the fridge over the next two months to bring some Mediterranean to your meals (hoping for the sunshine too!)

Fridays 3rd & 24th July (and August TBA) – the fish van service The Market Plaice delivers to the village. We also post on Facebook when they are planning to come. To order, email Rob on contact@themarketplaiceplymouth.co.uk. Fish can be delivered or ask for it to be left in the Shop for collection later that day. Please order by no later than two days before – Wednesday, 5pm.

11th/12th July – Wimbledon Finals weekend - we will have just the thing for you to enjoy while watching the biggest grass Grand Slam in the world! Check Facebook/the poster on the counter for details.

19th July – the World Cup final, so we will be running another special offer over that weekend. Watch this space!

Every Friday - Post Office service 9.00am - 12.00pm. Withdraw or deposit money in your bank account and post letters and parcels.

Every Saturday - Hot pasties (steak, steak & gravy, cheese & onion) & sausage rolls 10.00am - 1.00pm. To order in advance, let one of our Volunteers know by no later than 5.30pm the Thursday before.

NEW! We are pleased to announce that in our role as a Community Benefit Society, the Shop will be sharing its profits again this year by the **award of grants**. We want to support projects & initiatives that benefit the whole community, so if anyone is interested in applying for a grant as an existing or new group or club, you can get further details and a nomination form from the Shop or by email via info@stdominickcommunityshop.co.uk.

The timetable and funds available for this year's award of grants:

Applications open	Saturday 13 th June
Deadline and close for applications	Friday 31 st July
We may seek clarity from you	During August
Award decision	On or before 31 st August
Applicants notified	First week in September

We would particularly like to encourage applications for small grants, for example to purchase equipment, so we can spread the funding as widely as possible. Amount available: £500.

The Shop AGM will be held on Thursday 17th September in the Parish Hall at 19:30 (arrival from 19:15). Please do join us. Invitations will be sent to Shareholders closer to the date and will

include a nomination form to recommend yourself or someone else for election as a Board Director. If you would like to find out any more about the role, please contact Sue Morrish, Company Secretary via info@stdominickcommunityshop.co.uk. If you are not a shareholder but might be interested in attending the AGM you are very welcome, but please note you will not be able to ask questions or vote. We look forward to seeing you.

Enjoy your summer whatever you may be doing. We will be open with business as usual, so please shop local and support your Community Shop over the summer period. We hope to see you very soon.



**HOME REARED TRADITIONAL MEAT
PORK, BEEF & CHICKEN,
DRY CURED BACON, SAUSAGES**

Trehill Farm, St Dominick PL12 6SQ
Tel: 01579 350410

Mob: 07870 792438
Find us on Facebook:
@trehill.farmproduce

BED & BREAKFAST

Higher Chapel Farm
Near Halton Quay

2 ensuite rooms
Families welcome

Contact: Mrs Jean Gregg

01579 350894

www.higherchapelfarm.co.uk
higherchapelfarm1@gmail.com



ST DOMINICK DIARY

Parish Church services

July 2026

Sun 6 th	18:00	Cornish Evening Prayer at Halton Quay
Sun 13 th	10:00	Holy Communion
Sun 27 th	10:00	Contemporary Celtic Worship
Tues 28 th	09:30	Midweek Communion

August 2026

Sun 2 nd	18:00	Cornish Evening Prayer at Halton Quay
Sun 9 th	10:00	Holy Communion
Sun 23 rd	10:00	Contemporary Celtic Worship

For details of Services in other Churches of the Benefice please look at the 7Link on the following website [Tamar Valley Benefice \(google.com\)](http://TamarValleyBenefice.google.com)

Toddler Group Thursdays: July 2nd, 9th, 16th, 23rd & 30th, August 6th, 20th & 27th. From 9.30 to 11.30 – Free - informal play and chat, open to all under school age with an adult.

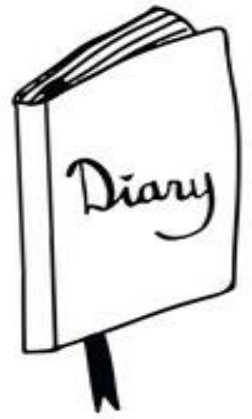
Churchwarden:

Jessop Price; pricejessop@gmail.com; 01579 350049

Methodist Services: Sundays 6pm through July and August

JULY

- 7th Hobbies – 13:00 – 17:00 – Parish Hall –
Just turn up with something to do.
- 8th Coffee Morning for Cornwall Hospice &
Cancer Lifeline South West – 10:30-12:30
– See article
- W.I - Parish Hall – Falklands and the Antarctic talk
- 15th Parish Council Meeting – 19:00 – Parish Hall – All
welcome
- 21st Hobbies, as above
- 24th Library Van – 11:45-12:05 – Parish Hall



AUGUST

- 4th Hobbies, as above
- 9th Annual gymkhana and dog show
- 15th Tamar Valley Male Voice Choir – 19:00 – Parish Hall – See
article
- 18th Hobbies, as above
- 21st Library Van – 11:45-12:05, Parish Hall

Later in the year...

- 1st Sept Hobbies, as above
- 12th Sept Annual Autumn show
- 17th Sept Community Shop AGM
- 12th Oct Harvest Supper, Parish Hall
- 17th Oct Pasty and Pudding, Parish Hall
- 5th- 7th Nov Craft Fair, St Dominick Church

28th Nov Christmas tree switch on

6th Dec Loveny Male Voice Choir, Parish Hall

St. Dominick Hand Bell Ringers Fridays 7.30pm - Contact Robin Wood 01579 350 767

St. Dominick Community Shop (Village Hall car park) 01579 350841. Open Mon-Fri 8.45-5.30. Saturday 9-5.30. Sunday 9.15-11.30

Parish Hall bookings contact: lornabc@talktalk.net 01579 350776

Items for the Diary page to: ourparishnews@gmail.com by the 15th of each month.

Getting ready for the Autumn Show



Classes for Adults and Juniors in Flowers, Vegetables and Fruit, Floral Arrangements, Cookery, Handicrafts, Art and Photography.

This year's schedules are now available. Here are some of this year's changes to look out for:

- ♣ We have a new trophy - the Chucks and Norma Chapman cup for best entry in adult cookery. Norma was a longstanding supporter of the Show, with a collection of Show schedules going back decades. We are pleased to honour her and her husband's memory.
- ♣ This year's recipe to follow is an Apple Scone cake.

♣ Some changes in the adult art classes:

Class 66 is white on black, so think scraperboard, white pen/pencil etc on black paper, and so on - any medium.

Class 67 is an abstract picture, so channel your inner Pollock or Mondrian!

Class 70 is a drawing of three objects from around your home; could be anything from favourite trinkets to your breakfast dishes, whatever takes your fancy.

Class 71 is an illustrated text or poem.

For all art classes, please remember to put a hanging string or chain on the back of the frame.

♣ Changes in the Junior section, to encourage entries:

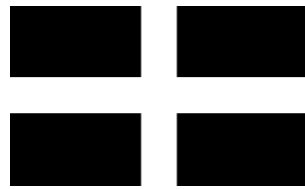
We're all looking forward to what Class 105 will produce from the instruction 'Bling up your cuddly toy'!

Appreciating that not everyone has access to a garden, class 77 is simply 'flower, fruit or veg grown by a Junior' which can be grown on a window-ledge, patio or garden. Junior photography is now one class, own choice.

Class 103/104 is a collage from recycling materials.

The Show is on **Saturday 12 September, St Dominick Parish Hall** – doors open 14:30 – 17:00. Another change is that **cups will be presented at the earlier time of 4pm**, followed by the raffle.

Class entries are free and all are encouraged to enter or at least come along on the day. This is one of the village's longest-running events and something to enjoy and be part of.



W.I. in June

St Dominick WI held their June meeting on Weds 10th and welcomed regular speaker, Trevor Smitheram, for a talk on Cornish Dialect Stories. He read various amusing tales in his broad Cornish accent (Trevor hails from Hayle). He read several poems by Cornish poet, Hilary Keam, who has published a book entitled *Hilary's Humorous Poems**. We would highly recommend this book if you can read Cornish dialect. Many of the ladies complained of aching sides after the reading! We were really pleased to welcome four new members to this meeting.

Our next meeting is on Weds 8th July, when one of our members will be talking about her trip to the Falklands and the Antarctic. In July we are going to see a production of 'Calendar Girls' at Sterts Theatre. We meet on the second Wednesday of every month (except August) in the Parish Hall from 7.30pm. Visitors (ladies) are welcome to all of our meetings with a £5 donation. We go walking on the third Monday of the month – meeting at the Parish Church car park at 10am – and we have an extra social activity each month too.

For more information please email: stdominick@cornwallwi.org.uk or just come along to any of our meetings.

**Editor's note: This collection of poetry was produced by Hilary's widower and published in support of Mount Edgcumbe Hospice which is being supported by the coffee morning at 2 Tor View on July 8th.*

What would you like from your Church?

St Dominick Parish Church sits within the Tamar Valley Benefice, along with Gunnislake, Calstock, Harrow Barrow, St Mellion with Pillaton and Landulph. The Church was first consecrated in 1289 in the reign of King Edward I. Today, it is a Grade 1 listed historical building and a superb space for all sorts of activities. In the last year, we hosted two craft fairs, a Cornish folk ensemble, and a Gospel Choir. The managing of these events requires a lot of time and effort. We hold them to give enjoyment to everybody who lives in St Dominick and to generate income for maintaining the fabric of this terrific building with its 740-year-old space.



The Church is cleaned by a team of volunteers; the bells, organ, clock, boiler and other items are serviced annually; and the churchyard is maintained as a space of tranquillity and reflection.

The Parish Church Council would like to understand what it is that you want from your Church, to make best use of your unique space. We do not receive any direct financial support from the government or the Church of England and are very grateful to have received grants in 2025 from the Parish Council and Community Shop. We also rely on voluntary donations to ensure the building is maintained in a way the village would expect.

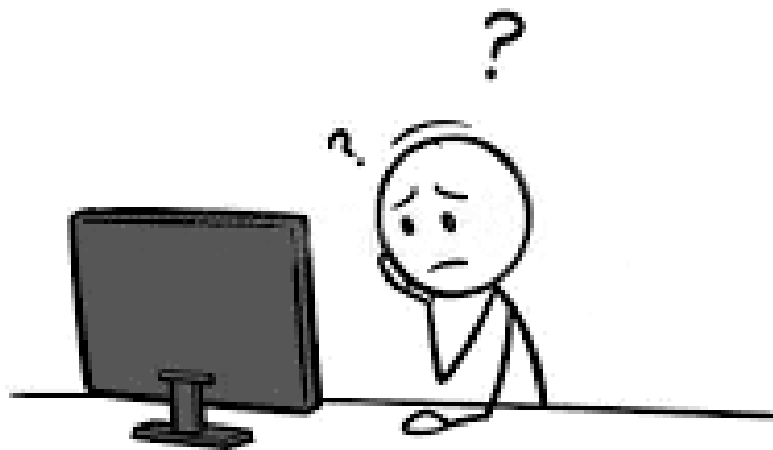
It is more blessed to give than to receive.

The generous person looks for ways to be generous.

Give not reluctantly or under compulsion, for we all love a cheerful giver.

No person was ever honoured for what they received but for what they gave.

A warm welcome awaits you all.



Support for Technology problems

AbilityNet is a charity aiming to help older adults and disabled people with technology. You can call their **helpline on 0300 180 0028**. Calls charged at national rates.

You can email them at enquiries@abilitynet.org.uk

You can request a home visit by a security checked volunteer via a form on their website: abilitynet.org.uk

I'd be grateful for any feedback you have on using any of their services to gillian.brown@stdominic-pc.gov.uk or see me in the community shop.

Mini Book Review

Headlong by Michael Frayn

One for art lovers, this. The main character, Martin, is a budding art historian. During a stay in the countryside, he encounters an aristocratic neighbour desperate to sell his artwork to make some quick cash. Among the pieces, Martin spots what he thinks could be a long-lost Bruegel masterpiece. If he's right, it's priceless. And for the person who discovers it? Worldwide fame. Oh, and also millions, if only he can find a way to take ownership first...

Frayn wrote this through his usual wry and comic lens and it makes me laugh out loud (a rarity when I'm reading). We see the story from Martin's perspective, hearing him justify the unjustifiable again and again, and yet still rooting for him despite his disastrous choices.

The story itself is very entertaining and engrossing, but I would recommend that you only dive in if you want to learn a lot about sixteenth century Netherlandish art and religious history, which comprises a good third of the book!

It's one of my favourites for the wonderfully well-painted and incredibly flawed characters and, although I forget each time I pick it up that it will require perseverance in places, the madcap story is well worth it.



We'd love to publish more book reviews from across the St Dominick community. Tell us what you're reading, what it's about and what you think of it; fiction, non-fiction, poetry, blog posts... Email us at ourparishnews@gmail.com and inspire someone else to read it too!

Paul Doney	Building Contractor	228698
Elliot's	House & Garden Clearance	350345
Fiona Wiltshire	Mobile Hairdresser	07990 587098
Jane Matthews	Gardening Services	07986 306112
Kath Gylby	Home Help and personal care	01579 683575
Michael Grundy	Retired Solicitor - Will writer	351467
Pest Doctor	Pest Control Services	350345
Trehill Farm Produce	Producers of Traditional Meat	350410
Rob Williams	Window Cleaner	384435
ShakeFitness	Personal Trainer & Fitness Class Provider	07492 887119

ADVERTISING IN THE NEWSLETTER

Please mention the Parish News when contacting any advertiser.

- Please contact the Parish Clerk.
- Directory of Local Traders: £20 per year (10 editions)
- Box Ads: £40.00 per year and guaranteed to be included in 8 of 10 editions. Any other advertisements: by negotiation.
- Advertisements to be paid for in advance.
- Advert withdrawn if payment is not made within 30 days

Thank you, Friends of St. Dominic Parish Church and others, for delivering the Parish News.

Please email **items for the newsletter** by the **15th of each month** to ourparishnews@gmail.com